UPMC CHANGING MEDICINE

Success with EBP

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EBP Transition to Virtual

- Developing groups
- Coach interaction
- Coordinator rounding
- Technology
- Safe graduations and presentations





Developing Groups

- Like-units
- Virtual Communication

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	Cardiac	
CGICU	Fressy	CG4
CGICU	Tracy	M6
HH MSICU	Caleb	M7
HH MSICU	Cybil	M7
	Deanna	M6
СТІСИ	Neuro	
СТІСИ	Tanya	CG2
	ED	
NICU	Amber	HHED
NICU	Anthony	HHED
	Alicia	HHED
	Steven	HHED
Carlisle LD	Cory	CGED
Carlisle LD	Tonya	Carlisle ED
Ag8	Kelly	HHED
Ag8	Bethany	CGED
	Justin	CGED
	Garrett	HHED
Pediatrics		
Pediatrics	Surgical Services	
	Holly	PACU
	Hannah	HH OR
	CGICU HH MSICU HH MSICU CTICU CTICU CTICU CTICU Carlisle LD Carlisle LD Ag8 Ag8 Pediatrics	CGICU Tracy HH MSICU Caleb HH MSICU Cybil Deanna CTICU Neuro CTICU Tanya ED NICU Amber NICU Anthony Alicia Steven Carlisle LD Cory Carlisle LD Tonya Ag8 Kelly Ag8 Bethany Justin Garrett Pediatrics Pediatrics Surgical Services Holly



Coach Interaction

- How and When
- Email communication
- Accountability
- Technology





Coordinator Rounding

- Check-ins
- Identification of problems
- Topic changes
- Accountability vs. micromanagement





Ì	Goal	Action	Comments/Notes
		Items & Deadlines	
,	-Project introduced in NRP -Brainstorm project ideas	Email project idea to Unit Director by 2/1/2021	Using the template provided, email your Unit Director about your project idea. Be sure to cc: zellerds@upmc.edu
,	-Matched with Project Coach -Determine if project is QI or EBP in nature -Guiding Question or PICO(T) Question development		Your Project Coach is My Nurse Residency project is QI EBP (Circle one)
	-Assessment of Problem or Knowledge/Skill/Practice Gap	Email project progress update to Unit Director by 4/1/2021	This could be a unit based survey or questionnaire, review of unit quality data, or personal experience/direct observation Using the template provided, email your Unit Director with updates on your project progress Be sure to cc: zellerds@upmc.edu
	Begin Literature Search Literature Search, continued		
	-Synthesize findings, develop recommended practice change -Create slideshow presentation using provided template as a reference	Submit draft of project to Project Coach by 7/1/2021	
			Please incorporate any suggested edits from your Project Coach prior to final submission
	Complete slideshow presentation	Submit final project by 8/5/2021	Submit final project to <u>zellerds@upmc.edu</u>
	Presentations & Celebration	Come prepared to present your final project! Business casual dress encouraged.	Let's Celebrate!



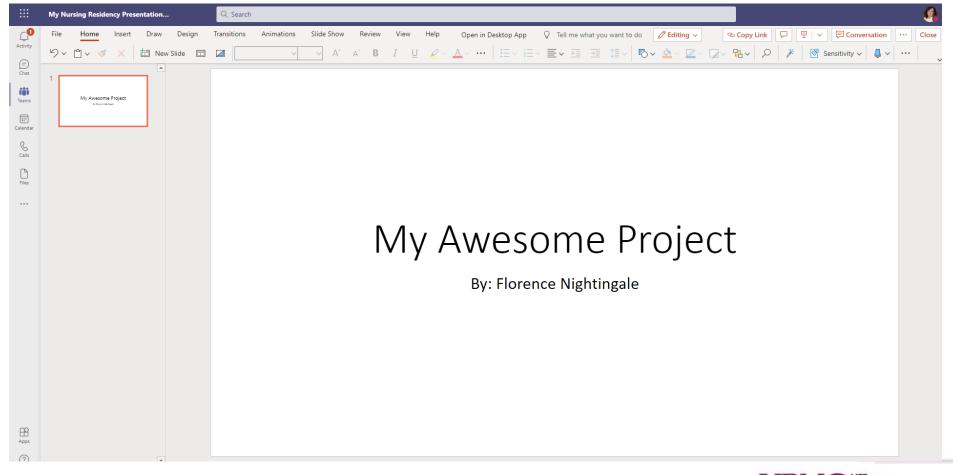
Project Checklist

Technology

- Access to resources
- Technology skill level
- Sharing presentation







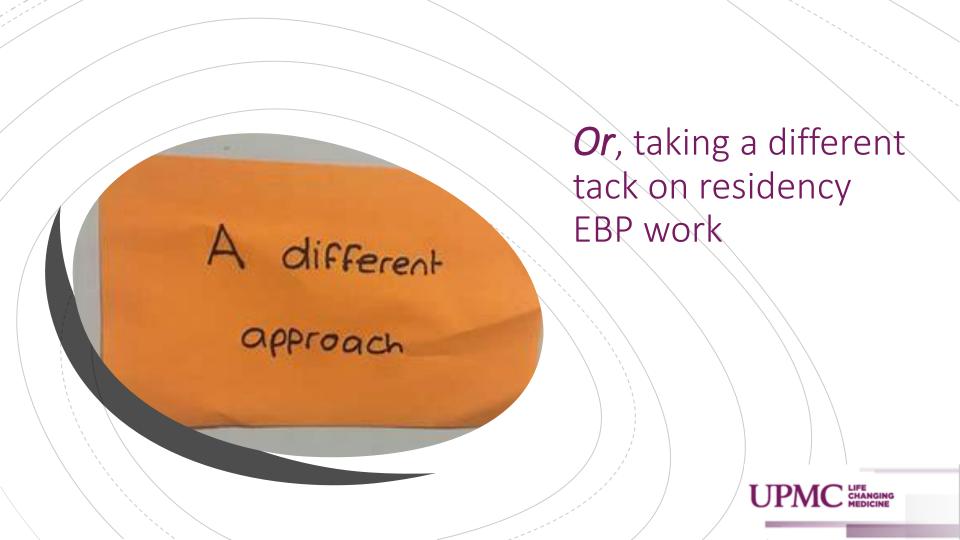


Safe Graduation Presentation

- In person or virtual?
- Cohort size
- Guests?







Challenges with virtual residency EBP work

- Technical
- Technical
- Technical





EBP project converted to individual EBP work

Minimize tech challenge of migrating into work group



UPMC Presbyterian, UPMC Shadyside, and UPMC Western Psychiatric Hospital

My Nursing Residency

Evidence Based Practice Project: *Ignite a Spirit of Inquiry*

Choose at least 2 of the questions below to answer. Please discuss this with your residency classmates, and with your unit leadership (Unit Director, Clinicians) and colleagues before your next residency session.

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		How do I know this is a problem or opportunity?
	What is one patient care process that frustrates me the most?	
	What things do we do that are in contradiction with policy?	
	What practices do I see that are different from what the evidence would suggest?	
	How can we improve our patient experience measures? (i.e., HCAHPS)	
	What nurse-sensitive outcomes can we better ensure?	



What is one nursing care process that I think we could do better? What is one nursing care process that I think we could do more efficiently (with fewer resources—less time, fewer/less expensive materials, minimize waste) What is one practice/process that frustrates me personally or professionally? (i.e., schedules, assignments, lunch coverage, group engagement, peer collaboration, interprofessional collaboration) What knowledge deficit do I/my colleagues have related to the care of our patients? How can we better ensure safety for either patients or staff? What goals or initiatives is my department working toward?		How do I know this is a problem or opportunity?	
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			UPMO

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My Nursing Residency

Evidence Based Practice Project: Ignite a Spirit of Inquiry

Choose one of the ideas (opportunity) for practice improvement that you identified for your practice area/unit/department.

- 1. Share a summary of this information with your Clinical Reflections group during your monthly Clinical Reflections discussion, following the points below.
- 2. Have a conversation with your Unit Director or Clinician during your monthly touch-base meeting, following the points below.

Opportunity/idea for practice improvement/enhancement	
Why do <i>you</i> care about this?	
How do you know this is an opportunity for improvement?	
Relevant article from the nursing literature on how to improve this practice (please cite article using APA format)	
Recommended practice change from the article	



How would this be implemented in your practice area?	
Who would impact or be impacted by this? (nursing staff, patients, physicians, etc.)	
Would there be any cost involved in implementing this practice improvement? (i.e., staff time, materials, equipment)	
How would you measure improvement outcomes?	
Are you interested in pursuing this practice improvement beyond this discussion?	
Who could be a resource to help you implement this practice improvement?	



